Trauma-Informed Classrooms Workshop

Online Resources

Building Trauma-Sensitive Schools Symposium – October 28, 2020 (1/2 day; \$49USD) - https://bit.ly/3iGddud

Trauma-Informed Classroom Strategies http://blogs.sd41.bc.ca/sel/files/2018/10/classroom-strategies-manual-linda-oneill.pdf

WE Teachers Introductory Module – Trauma-Informed Classroom. https://online.flippingbook.com/view/679410/

Free Webinar (COVID content): Weathering the Storm: A Trauma-Informed Approach to the Return to School - https://bit.ly/30YmCrd

Free E-learning module focused on Trauma Informed Care (Alberta Health Services) https://www.albertahealthservices.ca/webapps/elearning/TIC/Mod01/story html5.html

Podcast: trauma-informed approaches used in high school: All in the Family, Part 2 (CBC radio) https://teachers-ab.libguides.com/c.php?g=708554&p=5046847

Website with information, videos, publications, etc. (Trauma and Learning Policy Initiative (TLPI): A collaboration of Massachusetts Advocates for Children and Harvard Law School) https://traumasensitiveschools.org

- Videos https://traumasensitiveschools.org/videos/
- Publications: https://traumasensitiveschools.org/tlpi-publications/

Children and Trauma Resources (American Psychological Association) https://www.apa.org/pi/families/resources/task-force/child-trauma.aspx

Information about the CDC-Kaiser ACE Study (Centers for Disease Control and Prevention) https://www.cdc.gov/violenceprevention/acestudy/about.html

Activity packet for school staff: Understanding Trauma and Its Impact (National Center on Safe Supportive Learning Environments)

https://safesupportivelearning.ed.gov/sites/default/files/Trauma_101_Activity_Packet.pdf

Fostering Resilient Learners Online Course (\$\$) - https://shop.ascd.org/PersonifyEbusiness/Store/Product-Details/productId/224342021

Films/Videos

Redford, J. & Pritzker, K. (Producers), & Norwood, T. (Director). (2015). *Paper Tigers* [Film]. KPJR Films, Tugg Inc.

Redford, J., Pritzker, K. (Producers), & Bradwell, J. (Screenwriter). (2016). *Resilience: The Biology of Stress & the Science of Hope*. [Film]. KPJR Films, Tugg Inc.

Harris, N. B. (2014). How childhood trauma affects health across a lifetime [Video file]. Retrieved from

https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime/up-next?language=en

Books

Jennings, P. A. (2018). *The trauma-sensitive classroom: Building resilience with compassionate teaching.* WW Norton & Company.

Souers, K., & Hall, P. (2016). Fostering resilient learners: Strategies for creating a traumasensitive classroom. ASCD.

Craig, S. E. (2015). *Trauma-Sensitive Schools: Learning Communities Transforming Children's Lives*, K-5. Teachers College Press.

Tranter, D., Carson, L., & Boland, T. (2018). *The Third Path: A Relationship-Based Approach to Student Well-Being and Achievement*. Nelson.

Key References

- Alisic, E. (2012). Teachers' perspectives on providing support to children after trauma: A qualitative study. *School Psychology Quarterly*, 27(1), 51.
- Baker, C. N., Brown, S. M., Wilcox, P. D., Overstreet, S., & Arora, P. (2016). Development and Psychometric Evaluation of the Attitudes Related to Trauma-Informed Care (ARTIC) Scale. *School Mental Health*, 8(1), 61–76. https://doi.org/10.1007/s12310-015-9161-0
- Baweja, S., Santiago, C. D., Vona, P., Pears, G., Langley, A., & Kataoka, S. (2016). Improving Implementation of a School-Based Program for Traumatized Students: Identifying Factors that Promote Teacher Support and Collaboration. *School Mental Health*, 8(1), 120–131. https://doi.org/10.1007/s12310-015-9170-z
- Chafouleas, S. M., Johnson, A. H., Overstreet, S., & Santos, N. M. (2016). Toward a Blueprint for Trauma-Informed Service Delivery in Schools. *School Mental Health*, 8(1), 144–162. https://doi.org/10.1007/s12310-015-9166-8
- Dorado, J. S., Martinez, M., McArthur, L. E., & Leibovitz, T. (2016). Healthy Environments and Response to Trauma in Schools (HEARTS): A Whole-School, Multi-level, Prevention and *Mental Health*, 8(1), 163–176. https://doi.org/10.1007/s12310-016-9177-0
- Gonzalez, A., Monzon, N., Solis, D., Jaycox, L., & Langley, A. K. (2016). Trauma Exposure in Elementary School Children: Description of Screening Procedures, Level of Exposure, and Posttraumatic Stress Symptoms. *School Mental Health*, 8(1), 77–88. https://doi.org/10.1007/s12310-015-9167-7
- Jones, T. M., Nurius, P., Song, C., & Fleming, C. M. (2018). Modeling life course pathways from adverse childhood experiences to adult mental health. *Child Abuse & Neglect*, 80, 32–40. https://doi.org/10.1016/j.chiabu.2018.03.005

- Ko, S. J., Ford, J. D., Kassam-Adams, N., Berkowitz, S. J., Wilson, C., Wong, M., ... & Layne, C. M. (2008). Creating trauma-informed systems: child welfare, education, first responders, health care, juvenile justice. *Professional Psychology: Research and Practice*, *39*(4), 396.
- Nadeem, E., & Ringle, V. A. (2016). De-adoption of an Evidence-Based Trauma Intervention in Schools: A Retrospective Report from an Urban School District. *School Mental Health*, 8(1), 132–143. https://doi.org/10.1007/s12310-016-9179-y
- Overstreet, S., & Chafouleas, S. M. (2016). Trauma-Informed Schools: Introduction to the Special Issue. *School Mental Health*, 8(1), 1–6. https://doi.org/10.1007/s12310-016-9184-1
- Perry, D. L., & Daniels, M. L. (2016). Implementing Trauma—Informed Practices in the School Setting: A Pilot Study. *School Mental Health*, 8(1), 177–188. https://doi.org/10.1007/s12310-016-9182-3
- Perfect, M. M., Turley, M. R., Carlson, J. S., Yohanna, J., & Saint Gilles, M. P. (2016). School-Related Outcomes of Traumatic Event Exposure and Traumatic Stress Symptoms in Students: A Systematic Review of Research from 1990 to 2015. *School Mental Health*, 8(1), 7–43. https://doi.org/10.1007/s12310-016-9175-2
- Phifer, L. W., & Hull, R. (2016). Helping Students Heal: Observations of Trauma-Informed Practices in the Schools. *School Mental Health*, 8(1), 201–205. https://doi.org/10.1007/s12310-016-9183-2
- Porche, M. V., Costello, D. M., & Rosen-Reynoso, M. (2016). Adverse Family Experiences, Child Mental Health, and Educational Outcomes for a National Sample of Students. *School Mental Health*, 8(1), 44–60. https://doi.org/10.1007/s12310-016-9174-3
- Powell, T. M., & Bui, T. (2016). Supporting Social and Emotional Skills After a Disaster: Findings from a Mixed Methods Study. *School Mental Health*, 8(1), 106–119. https://doi.org/10.1007/s12310-016-9180-5
- Shamblin, S., Graham, D., & Bianco, J. A. (2016). Creating Trauma-Informed Schools for Rural Appalachia: The Partnerships Program for Enhancing Resiliency, Confidence and Workforce Development in Early Childhood Education. *School Mental Health*, 8(1), 189–200. https://doi.org/10.1007/s12310-016-9181-4
- Stewart, J. & Martin, L. (2018). Bridging Two Worlds: Supporting Newcomer and Refugee Youth: A Guide to Curriculum Implementation and Integration.
- Wiest-Stevenson, C., & Lee, C. (2016). Trauma-Informed Schools. *Journal of Evidence-Informed Social Work*, *13*(5), 498–503. https://doi.org/10.1080/23761407.2016.1166855
- Woodbridge, M. W., Sumi, W. C., Thornton, S. P., Fabrikant, N., Rouspil, K. M., Langley, A. K., & Kataoka, S. H. (2016). Screening for Trauma in Early Adolescence: Findings from a Diverse School District. *School Mental Health*, 8(1), 89–105. https://doi.org/10.1007/s12310-015-9169-5